

How Writers Write Poetry 2014

CLASS FOUR • Assignment

Try Alexandria Peary's [Yoga for Hands](http://alexandriapeary.blogspot.com/2012/09/yoga-for-hands.html) exercise from the video (full link to exercise: <http://alexandriapeary.blogspot.com/2012/09/yoga-for-hands.html>).

Flow from that experience into writing/rewriting a poem -- something new, or something you've been working on.